



Janet M. de Jesus, M.S., R.D.
Nutrition Education Specialist
National Heart, Lung, and Blood Institute
National Institutes of Health

Janet de Jesus works in education for the prevention and treatment of cardiovascular disease in the National Heart, Lung, and Blood Institute (NHLBI) Division for the Application of Research Discoveries. She is also the Program Leader of the NHLBI Integrated Pediatric Guideline for Cardiovascular Health and Risk Reduction Implementation Initiative.

Ms. de Jesus supports education efforts in the *We Can!*[™] (Ways to Enhance Children’s Activity and Nutrition) program for the prevention of overweight and obesity in children and youth. She provides support for developing education materials for the National High Blood Pressure Education Program and the “Keep the Beat[™],” product line of cookbooks and calendars.

Ms. de Jesus provides nutritional guidance for the development of heart health materials for health disparity outreach to multicultural communities. The health disparity product line includes heart health train-the-trainer manuals for community educators, easy-to-read heart disease risk factor booklets, and cultural recipe books. She serves as an education trainer for the NHLBI community health worker program and the *We Can!*[™] Parent Program. She received a master’s degree in nutrition from Florida State University.

Ms. de Jesus enjoys cooking heart healthy recipes from the Keep the Beat[™] cookbook for her family.